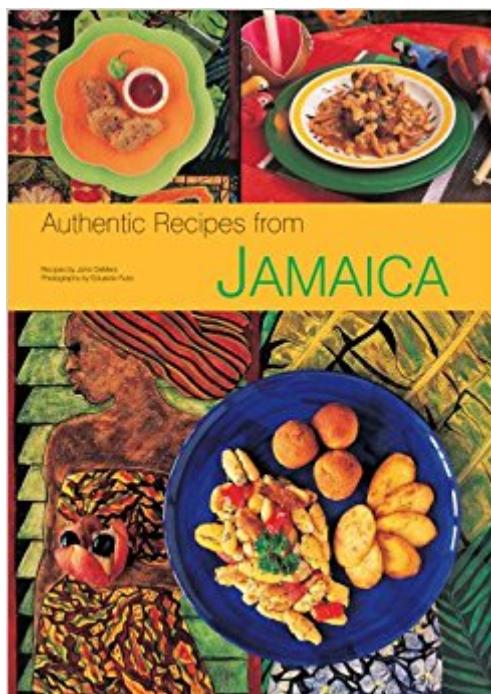


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# Authentic Recipes From Jamaica: [Jamaican Cookbook, Over 80 Recipes] (Authentic Recipes Series)



## Synopsis

Cook delicious, authentic Jamaican food with this easy-to-follow Jamaican cookbook. Jamaica is the mountainous Caribbean island famed for its coffee and its beaches. But with its abundance of homegrown ingredients and its many cultural influences it has developed a remarkable cuisine all its own. To visit the Jamaican kitchen is to discover the sumptuous flavors of spicy jerk pork, sweet tropical juices, complex curries and lush desserts. This cookbook offers the island's best recipes—both the traditional and the new—from Jamaica's hottest chefs and restaurants, including Norma Shirley of Norma at the Wharfhouse, Everett Wilkerson of the Sans Souci Lido and James Palmer at Strawberry Hill. *Authentic Recipes from Jamaica* presents over 60 full-color recipes with photographs shot on location. Lively essays by food writers John DeMers and Norma Benghiat on the island's culture and history, explanations of special ingredients and easy-to-follow recipes make this the most complete guide to Jamaican cuisine you'll find. Jamaican recipes include: Pepperpot Baked Plantains Pepper Shrimp Ginger Tamarind Chicken Spinach Salad with Breadfruit Chips Sweet Potato Pone Jamaican Limeade

## Book Information

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## Customer Reviews

New Orleans native John DeMers is the author of 13 books including *Caribbean Cooking* and *Great Chefs—Great Cities*. A former food editor for United Press International, DeMers is editor and publisher of *EasyFood* and *CoastFood*, both regional food and wine magazines. He is food editor for *New Orleans* magazine and for *WYES-TV*'s weekly program "Steppin' Out." Eduardo Fuss, a self-taught artist, photographer and craftsman, was born in Buenos Aires and has lived in New

Mexico since 1980. His photographs have appeared in Smithsonian and the New York Times and have been featured in Only in Santa Fe, Fodors' Compass American Guide to Santa Fe and The Food of Santa Fe.

I love this book, many different recipes that are all excellent. I'm a Jamaican who has learned to cook from my Dad, Mom and Grandma. This book taught me some things that I didn't even know of. Get this book.

My Jamaican husband was very pleased to see the very familiar recipes he grew up eating, and I can't wait to make some for him! :)

THIS JAMAICAN COOK BOOK IS THE BEST, I HAVE TRYED FOUR OF THE RECIPES AND MY FAMILY AND FRIENDS ENJOYED THE FOOD, AND SO DID I, IF YOU LIKE JAMAICAN FOOD GET THE BOOK

The book exceeded my expectations the history of the country and food was definitely a plus

none

The book is OK. But for me, it did not really address everyday down home simple cooking as it's main focus.

The book is awesome. I had a previous version, but bought it again as a gift. They loved it!

Waste , no spices or how to marinate food

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